

Monday 18th May 2020

# John Spendluffe Newsletter

## Upper School - Issue 5



Last week may have brought uncertainty following the lockdown changes announced by the Prime Minister, but it did mean that we can now enjoy the beautiful weather outside our homes more than once a day.

Year 10s, some of you would have been starting your Duke of Edinburgh journey during this term. The staff that volunteer for Duke of Edinburgh have been out walking in recognition of this time. We hope you can do so too. There will be some

### Last Week

Year 11s that would tell you to celebrate not having to endure the expedition yet!



Year 11s, last week would have seen the real start to your exams. I am sure that many of you are relieved to not be in that pressured environment. You have put a lot of hard work into your studies. Your teachers recognise



that work and you should too. Keep your mind active and keep learning during this time ready for your next chapter.

## The Spendluffe Weekly Challenge

### Bean there, done that

There are a number of world records involving jelly beans. You can move them from one bowl to another using a straw or tweezers and you can sort 30 into separate colours using chopsticks. We've combined the two for this week's challenge!

So, what do you need?

- ◆ Two bowls, one filled with jelly beans or smarties, or M&Ms etc and the other empty.
- ◆ A pair of chopsticks.

You need to time how long it takes to move the jelly beans from one bowl to the other, using only the chopsticks.

Send your submissions to [pscree@jstc.org.uk](mailto:pscree@jstc.org.uk) or on the official JSTC Facebook page.



## Learning at Home

### JSTC Website

We know that learning from home can be tough. Perhaps you've completed all of the work set and are looking for extra. Or you require a little more support to get the work completed. If you go to the JSTC [website](#) there are some links to various resources that may help you. It is also a good place to look for notices and other information that may help answer any questions you may have.

### Class Charts

Last week saw some exciting changes being launched on Class Charts. You now have the ability to upload your work (or a photo of it) so

that your teachers can check it over and offer feedback (and hopefully a Positive Point). Many of you have already started to make use of this new feature for current work, but do check previous tasks as some subjects have updated previous set work to allow submission of those past tasks. You can also use this feature to let your teacher know you are struggling or that your work might be late (just upload a photo or word document of your note)

The other change was the ability for your parents/carers to award you Positive Points. Points have been flying around over the last week, showing us your fantastic attitudes to work during this difficult time. It has also been lovely to see everyone getting involved with, and supporting your learning.

# Help and Support

## Your Wellbeing

Your wellbeing is, as always, one of our top priorities. As such, here is a reminder of available websites you can visit for support::

[NHS - Every Mind Matters](#)

[Kooth](#)

[Health Minds Lincolnshire](#)

There are also activities you can do to support your own, and your family's, wellbeing. One idea submitted by a JSTC student is to fill a jar with random activities then pull one out every day for you and your family to try. A couple of examples

may be; read for 30 minutes, go for a bike ride or dance to some cheese disco music for 10 minutes.

## Your pastoral team

If you have any concerns we might be able to help with then you can contact the pastoral teams on the following email addresses:

[pastoral.year10@jstc.org.uk](mailto:pastoral.year10@jstc.org.uk)

[pastoral.year11@jstc.org.uk](mailto:pastoral.year11@jstc.org.uk)

OR you can contact the office at:

[office@jstc.org.uk](mailto:office@jstc.org.uk)

## Year 10 Reminder

### Prefect Applications

Applications remain open for those Year 10 students that wish to be a prefect next year. You need to email [pastoral.year10@jstc.org.uk](mailto:pastoral.year10@jstc.org.uk) with a letter that tells us the following information:

“Why you want to be a prefect and what qualities and skills you have that would help you in that role.

You should also add information about any jobs or responsibilities that you have, or any groups or organisations that you belong to now or have belonged to in the past. Including information regarding your attendance, willingness to do school tours would also be useful in your application.”

If you would like to be Head Boy or Head Girl, please include this in your letter.

## Newsletter Photo Challenge

Thank you for continuing to send your photos in. If you have any suggestions for a photo challenge (or another challenge idea) please do let us know as we want to hear from as many of you as possible (Year 10 and 11!)

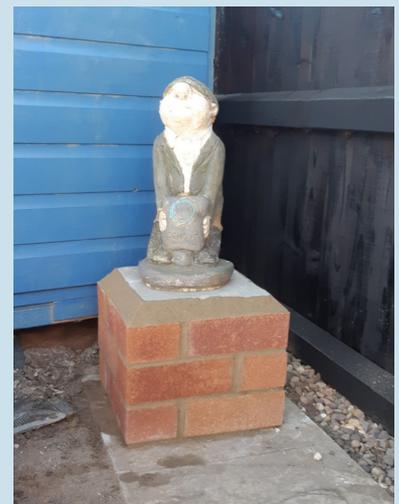
The ‘what have you been up to’ challenge will return, but this week, your challenge is ‘something beginning with the letter B’



Amelia Houlden's VE Day celebrations



Emily Hickson's submission for the 'Black and White' challenge



Daniel Snell's brickwork



Ebany Netting's homemade pizza

Send your entries to:  
[pastoral.year10@jstc.org.uk](mailto:pastoral.year10@jstc.org.uk)